MAYBERRY LIVING | EVENTS | MEET THE NEIGHBORS | BOOK REVIEW

## the Quarter Loudoun Value

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## **Your On-Site Team**



**RIPPY GILL** Site Manager r.gill@cardinalmanagementgroup.com 703.723.4821



**ASHLEY SMITH** Lifestyle Advisor a.smith@cardinalmanagementgroup.com 703.726.6205



#### JALISA DADE Covenants Advisor i dade@cardinalmanagem

Covenants Advisor j.dade@cardinalmanagementgroup.com 703.723.4819



**HELLEN DAVIS** Support Staff



KACIE WARD Communications ℰ Office Coordinator

k.ward@cardinalmanagementgroup.com 703.723.4819



**CESAR VERALA** Janitorial

### **Other Important Contacts**

Jonathan Sucher Sr. VP Cardinal Management Group j.sucher@cardinalmanagementgroup.com

Patti Moore LV II Account Representative p.moore@cardinalmanagementgroup.com

Milton Castelle Community Policing Representative milton.castelle@loudoun.gov

Non-Emergency Police 703.777.1021 Toll Brothers Customer Service 703.858.3580



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Loudoun Valley II 43100 Barnstead Dr. Ashburn, VA 20148 (703) 723-4819 Loudounvalleyhoa.net



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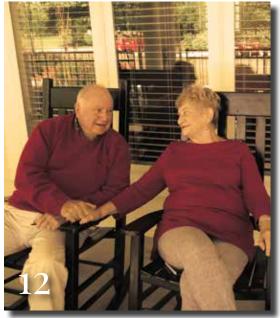
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## FALL 2016



## **VOLUNTEER COMMITTEES**

#### Article Sourced from CAI Community Associations Institute

Committees are an important part of our association operations. Committee members help keep our community vibrant; and, by augmenting paid staff, they save the association thousands of dollars each year. The association just wouldn't be what it is

without our active and effective committees. They deserve our sincerest thanks.

However, to be successful, our association needs to cultivate fresh ideas and encourage additional resident involvement in our committees; so, we'd like your help on one of our committees.

Committees give the board a way to gather information, offer new ideas and opinions and provide a training ground for future board members. All committees are advisory unless given specific decision-making authority by the board or CC&Rs.

The board provides each committee with a job description, goal and mission statement to help it succeed as a community resource. At this time, LVII has two volunteer committees.

Our association needs to cultivate fresh ideas and encourage additional resident involvement... so we'd like your help.

The **Architectural Review Commitee** (ARC) maintains property values and aesthetic standards by keeping the land and structures in accordance with the covenants, conditions, and restrictions established in the governing documents. The

ARC reviews and approves all architectural modification applications.

The Social Committee fosters a cohesive community by organizing fun, interesting events for the entire community so neighbors can meet and socialize with each other.

— ' So, if you're thinking about running for the board and want to learn a little more about association operations first, or if you're interested in helping improve your community or just want to get out and meet neighbors, we would be thrilled to talk to you about our committees and how you might be able to help.

Contact the HOA office for more information. 703.723.4819



Last year's Pumpkin Carving Contest and Halloween Spooktacular were organized by tge LVII Social Committee!





05: Doggie Swim10: Community Yard Sale14: Book Club29: Professional Networking Group

# **SAVE THE DATE**

LV II hosts numerous activities each month, including kid's classes/camps, fitness programs, 21+ parties, a variety of clubs, and much more!

Make sure that you are signed up for the weekly HOA e-mail blast, which provides important notifications and event information. If you have any questions regarding events, please contact the **Lifestyle Office at 703.726.6205**.

#### Please check the full Events Calendar online at loudounvalleyhoa.net

01: Oktoberfest

- 12: Book Club
- 22: Fall Performance & Vendor Fair
- 27: Professional Networking Group
- 29: Halloween Spooktactular

- 05: Festival of Lights
- 09: Book Club
- 11: Veteran's Day Brunch
- 11: Clubhouse Movie Night
- 24: Professional Networking Group



## THE RIDGES MEET THE NEIGHBORS

By Kacie Ward Communications & Office Coordinator

The Ridges at Loudoun Valley II have welcomed their first few residents, with many more settlements on the way! These luxurious condominiums are located just behind Stone Hill Middle School. Construction is well under way at the Fair Ridge Club, with an anticipated completion date this winter. Soon residents will have three clubhouses available for use, each with their very own pool.



*Welcome to the Neighborhood!* I was able to meet with new homeowners Nick Degennaro and Jackie Martinez to see what brought them to The Ridges at LVII.

### K: What draws you to the LV II community?

N&J: The main reasons we were drawn to Loudoun Valley II was for the strong community feel, the awesome amenities, and the close proximity to shops, restaurants, and entertainment.

### K: What features do you like most at The Ridges?

N&J: We love how close we will be to one of the clubhouses when it opens. Having the Fair Ridge Club steps from our door will be very convenient for working out at the gym and hanging out by the pool! We also love the feel of our floor plan (the Asbury) at The Ridges because it has such an open floor plan which makes it perfect for entertaining guests.

### K: What is your favorite fall activity?

N&J: Our favorite fall activity is to go on hikes at different parks in the area. We really enjoy just being outdoors. The fall is a good time to go on hikes because of the cool weather and to see the changing color of the leaves.

## **DEFINING AN HOA** By Falisa Dade, Covenants Advisor

## Homeowners' Association 'hōm ōnərs/ ə sōsē āSH(ə)n/ n.

**Synonyms:** relationship, connection, link, bond, tie, affiliation

An HOA is a legal entity in which owners enjoy the protection, enhancement, maintenance, and preservation of their homes and property. This is achieved through binding covenants and restrictions, and rules and regulations.

## HOW CAN I HELP MY ASSOCIATION?

Quarterly meetings are held by the Board of Directors, and take place in the Clubhouse. Please come out to support the community and let your voice be heard. Every meeting will include time for open forum, where you may sign up to speak and share any concerns. Refreshments are provided. so please join us! Check the online events calendar for Board Meeting dates. With such a large- and still growingcommunity, your HOA wants to hear your questions, comments. and concerns.

## WHY DO I HAVE TO PAY ASSESSMENTS?

Assessments help maintain the quality of life for the community's residents and protect property values for all residents. There are luxurious amenities such as pools, tot lots, tennis courts, walking trails and community centers. Your dues also cover snow removal. leaf removal. fitness classes, lighting, irrigation, trash removal, dog waste cleanup, clubhouse maintenance. common grounds maintenance, and insurance.

## WHAT ARE THE BENEFITS OF AN HOA?

The rules are enforced to ensure the community remains harmonious and a beautiful place to reside. The HOA is here to protect your biggest asset-your home! If you have any further questions, don't hesitate to contact the HOA Office at 703.723.4819.



# RESCUE ME

Loudoun Valley II Resident



Hi, my name is Buster, and I'm four years old. I got really lucky in May, so I thought I'd tell you my story.

I somehow found myself in an animal shelter in southern Virginia. I'm not sure whether my old family didn't want me anymore, or they didn't feel like they could take care of me properly, or there was some other reason. But that's not really important now, I guess.

In February, the good people at Friends of Homeless Animals (FOHA) rescued me from down south and gave me another chance to live... my days at the other shelter were numbered, as they say. So I moved to Aldie (where FOHA is located) hoping to eventually find a new home.



Shortly after I got there, I met this really cool guy who would come visit me on Sundays - and sometimes Saturdays - and take me for walks. He always brought treats, too - and like most dogs, I love treats! He reminded me about all the things I had learned in my old home - how to walk properly on a leash, how to sit and stay, and more. A couple of times he took me to adoption events, where lots of people looked at me and said that I was a sweet boy, and very well-behaved, but nobody wanted to take me home. I was sad, but I really liked Jack (the guy who visited me), so it was OK. Somehow I knew that if I was really good with him, he'd decide to take me home to his house forever.

Well, I visited Jack and Chris a few times, and showed them what a good dog I was, and how much I liked being with them. We had lunch together once, and had a couple of sleepovers, and they finally decided that I was the right dog for them. Hooray!

Jack and Chris both work a lot. Jack is the CEO of a small trade association in the financial services industry, and Chris is an aerospace engineer, so they are busy people. But they made sure that I would have everything I needed during the day when I was home alone. I have my own room, my own bed, and toys to keep me busy (they give me the ones that you put treats in – yay! Did I mention that I love treats?) They also made sure that someone could come and take me out for a walk during the day. My favorite thing to do is sit on one of their laps when they get home from a long day at work. It seems to make them happy...and I've never been happier!

I hope that you liked my story, and that you tell your friends that there are lots of dogs like me – dogs that need a second chance to be in a new loving home. I think everyone should have a dog or two. Sometimes people only want a young dog, so we doggie teenagers are

> Somehow 1 knew that if 1 was really good with him, he'd eventually decide to take me home to his house forever

often overlooked. I wish I could remind everybody that we already know how to do a lot of stuff that a puppy doesn't know – sometimes we just need a new dad or mom to remind us of those things.

If you want a dog like me, I'd say get one! Find a shelter that has dogs for adoption – there are lots of them (FOHA is just one of them), and find your new furry friend. You won't regret it, and your new dog will love you forever. Very soon, you'll both be wondering WHO rescued WHO?

I go for lots of long walks around the neighborhood, so stop and say hello next time you see me – I'm very friendly, and I love kids and other dogs! Jack will be happy to tell you more about rescuing a dog, too!

Goodbye for now.



## **BOOK REVIEW**

## A Man Called Ove

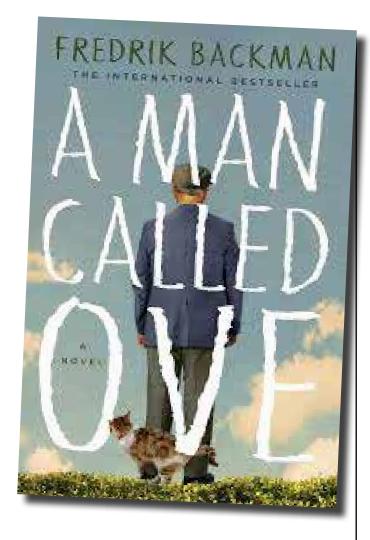
By Fredrik Backman Summary by Ellen Grimley Book Club Co-Chair

A Man Called Ove is the first novel written by Swedish author Fredrik Backman. It is the tale of a 59-year-old curmudgeon. However, below that gruff exterior lies a gentle soul. Ove, a man of principles and strict routines, has these traits called into question as he interacts with the numerous characters in the book especially his wife, Sonja, and his neighbor, Parvenah.

The reader laughs and is almost brought to tears at various times by Ove's antics. As Sonja says, "Ove, you're the strongest superhero I ever heard about."

### REVIEWED BY NANCY $\star \star \star \star \star$

Considering that this book was translated from Swedish to English, I was impressed at the expert translation. The words chosen to portray a scene, dialog, thoughts, etc. were often so apt that they conveyed the mood perfectly. I loved the use of words in this book and the simple delivery. I highly recommend this bestseller. It's a quick read that reminds us all to consider what may be impacting a person's actions and behavior.



### REVIEWED BY FRANK $\star \star \star \star \star \star$

The book, A Man Called Ove by Fredrik Backman, is entertaining and poignant. Ove is initially seen as a very flat personality. The dimensions of his character gradually develop as one progresses through the book. Ove is a man who has lost everything including his will to live. As Ove interacts with his neighbors and a stray cat, he comes out of his shell and his interactions with his community rejuvenate his will to live.

### REVIEWED BY LISA $\star \star \star \star \star \star$

A Man Called Ove tugged on my heartstrings! It's a feel-good, lighthearted read that made me laugh on one page and cry on the next. I highly recommend it.

### **INTERESTED IN JOINING THE BOOK CLUB?**

Meetings are held monthly in the Clubhouse. Here are the Upcoming Book Selections:

September 14, 2016 Bettyville by George Hodgman Non-fiction October 12, 2016 Gulp by Mary Roach Non-fiction November 9, 2016 Brooklyn by Colm Toibin Fiction

#### Contact Nancy Carter at nancy.a.carter@gmail.com for more information.



## **IN LOVE WITH**

By Sarah Auringer, Heritage Landscape Services

Fall is just around the corner! There are several things to be excited for- the leaves turning beautiful colors, fun festivals, and pumpkin spice flavored EVERYTHING. However, fall can also mean several landscaping chores. Here are five things that will help keep your lawn green and your garden full.

#### Core Aeration & Over-Seeding

As fall is getting near, core aeration and overseeding are essential for keeping your lawn full, healthy, lush, and green. Core aeration helps to relieve compaction in the soil and to give your new seed a better place to grow. One of the benefits of over-seeding is to improve the density of your lawn. Improving the density not only makes your grass look nicer, but it also helps prevent weeds from growing in your turf. Please note that if you do over-seed in the fall, do not use weed control. If you do, then you will cancel out all of the hard work you just did!

#### Gardening

Even though fall is usually considered the time for harvest, there are still some plants you can grow during the harvest season. Some flowers that thrive in the winter are mums, pansies, violas, and dusty miller.

But let's not forget your veggies! Cauliflower, broccoli, cabbage, Brussels sprouts, kale, and turnips are some of the many plants you can grow in the fall to keep your vegetable garden green.

#### Fertilizing

Fertilizer is just as important in the fall as it is in the spring. Using fertilizer in the fall will help keep your lawn greener for longer, especially during the winter months. It also assists in root growth during the fall, rather than helping with top growth in the spring. Be sure to also add fertilizer to your new plantings so they can grow big and strong too!





## **YOUR LANDSCAPE**

#### Mulching

Taking care of your mulch is almost as important as taking care of your whole landscape! Your mulch not only makes your landscape look cleaner and fresher, but it also helps to provide water and temperature control for your plants. There are several kinds of mulch to choose from, such as dyed mulch, to regular shredded mulch, and even rubber mulch! Activities like pulling weeds, turning your mulch, and keeping your mulch beds at a good height are important for keeping your plants healthy. Remember, a good height for mulch is about 2 to 3 inches. Having too much mulch can do more harm to the plant than good. The good news about is that if you have too much, you can just toss it in the yard!

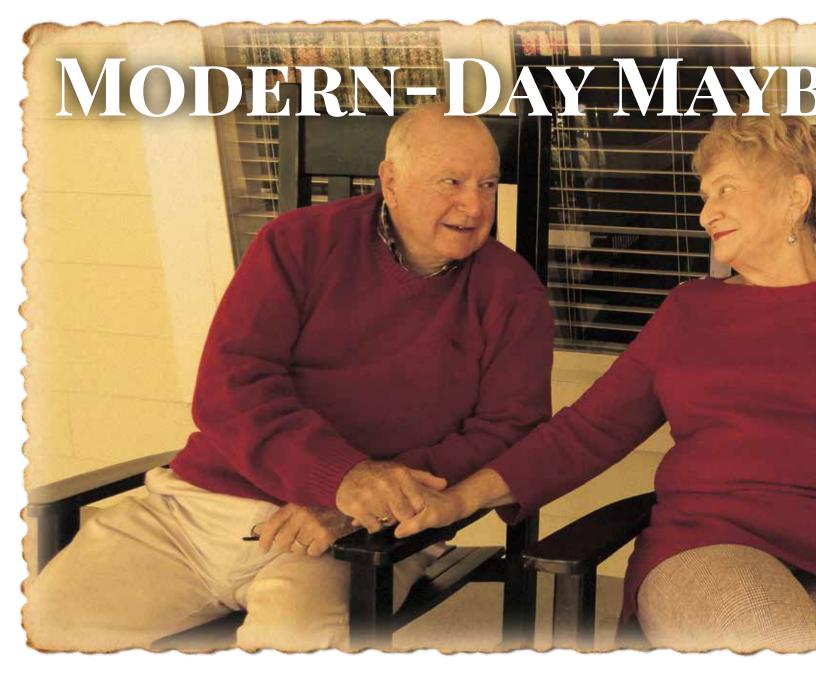
#### Flower Bed Preparation

There are several reasons why cleaning your flower beds is such an important thing to do in the fall. Not only does it allow you to have a clean bed for planting spring bulbs, but it prevents pests from overwintering in dead plant material, making it easier for them to come in contact with your new plant material in the spring. However, all beds are different when it comes to clean up. This is due to what kinds of plants you are currently growing. Please be sure to research how to maintain your plants during the winter months.

Have more questions about fall maintenance? Try contacting the Loudoun County Master Gardeners for horticultural information and advice.







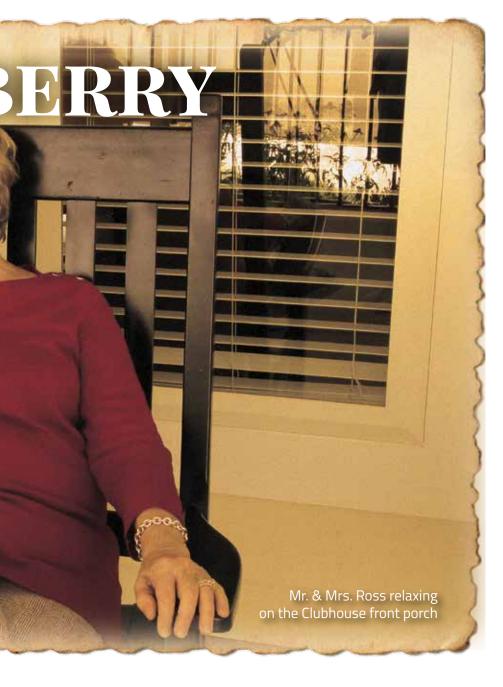
## LIVING THE IDYLLIC LIFE

By Rippy Gill, HOA Site Manager

Who doesn't want to go back in time and live next door to Opie? Mayberry imparts memories of such a wonderful, warm, and friendly time. Even in this day and age, the nostalgia for living in a bygone era remains. That yearning to live in an environment where your neighbors are extended family and everyone knows one another, is still a wistful desire for many.

The notion of living in Mayberry can be made possible even at Loudoun Valley II, with thousands of homes in our community. After all, a neighborhood's character comes from the neighbors themselves.

In fact, one of our residents has made a concerted effort to regularly drive "the long way around" rather than driving straight into his rear



garage just so that he can see all of his neighbors routinely, thus offering an opportunity to stay connected. He wants more than just a resting spot; he wants a warm, welcoming environment and is taking steps to make it happen. Anyone can try this. Don't be afraid to wave or smile, even if there is no reciprocity initially. Those more hesitant neighbors will also learn, over time, that you are a neighbor, a friend even, and certainly no stranger!

Please be sure to come by the HOA and Lifestyle offices from time to time to share news and updates. As our community grows, let's instill the age old philosophy of treating one another as we would wish to be treated and create a whole new modern-day Mayberry right here at LV II!

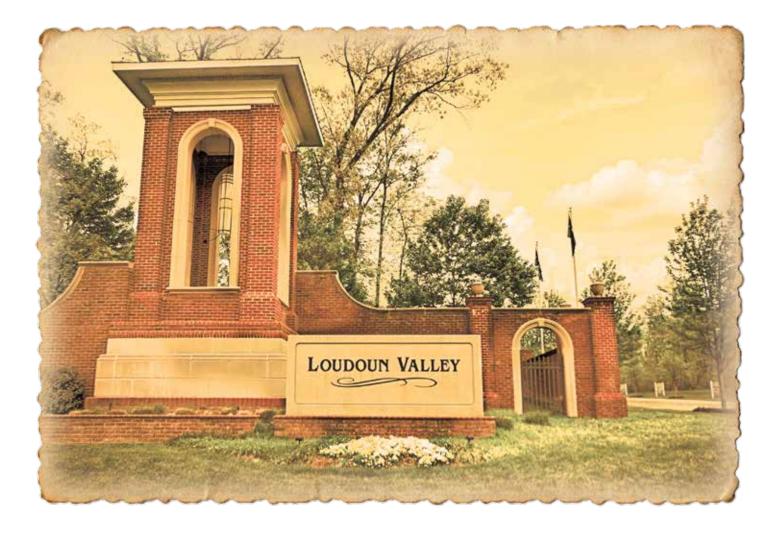
## BUILDING A Community

By Cathi Hoefler, Resident

I grew up in a small, rural village in upstate New York where you knew your neighbors and your neighbors knew you. I lived in a single family home with lots of trees, a big backyard, a swing and a playhouse. Cups of sugar, an egg, a bit of milk were easily fetched from the house next door in a baking emergency. On Halloween you could walk for blocks in either direction without knocking on the door of a stranger. When the fire whistle blew in the middle of the night, my Dad hustled out of bed and out the door three blocks to the fire station to join other volunteers. The winters were long, cold and snowy and the summer days as spectacular as they were precious where on any given afternoon there were likely to be half a dozen kids gathered in my backyard for kickball or football.

That sort of bucolic upbringing stays with a person. It has qualities you want to preserve; to provide for your own children and retain for vourself wherever you make your home. My children were raised in South Riding, which as many have probably noted, advertises as "Your New Hometown." That's a message that appeals to us. Indeed, as the urban sprawl has crawled across Virginia and Maryland planners, builders, retailers, and residents have all become more practiced at a common objective - creating a hometown feeling in developments and sub-developments. The amenities may not all be the same, maybe stores are not vet in place, but the common, essential ingredient for success is the people.

Two years ago I moved, with my daughter and for the first time, into a condo home here in the Buckingham. We live in a Halley. Slowly at first, but with expanded range and enthusiasm since I began to consider what I might say about living here in this article I have become more attuned to the sights and the sounds around us. I have opened myself up more to the rhythm of life here in the Buckingham from the real perspective of someone who is part of a community, not just one of many residents living in similar looking buildings in – you



know the place. It's across from Stone Springs Middle School, somewhat isolated near that point where Evergreen Ridge Rd unceremoniously becomes Creighton Rd and close to that section of Loudoun County Parkway that seems like it will never really open.

Our "town" is certainly not complete. We are still under construction, literally and figuratively. We of course have an extended family relationship with our neighbors in

the other sections of Loudoun Valley, but just as importantly for me, I can increasingly see and feel the elements of community taking root right here. On many weekends there is a birthday being celebrated or family reunion taking place at our Bar-B-Que pavilion. I retired (temporarily) in April and despite the wet spring, I am getting out more and more frequently to walk around our "village" and am happy that I have started to remember more names – people, streets, pets. Carrie is home from Radford and living with her family in one of our Denham models. This is her first time for condo living. She doesn't mind the stairs and she likes the way she and her family really use and spend time in

Everyone has unique stories but we're also drawn together by that which we have in common just by being members of this community all of their living space now. She is also a fan of our gym at the clubhouse. Amanda and Jeff will be moving soon and we'll miss them very much. They always have a smile and I still remember Jeff helping Annie dig her car out after our big snow. I spoke to another couple who are pretty sure they want to join us here. I hope to see them and their dogs Matt and Bart in the coming months. Everyone has unique stories but we're also drawn together by that which we have in common just by being members of this community. There

are, of course, the planes, which are always good for a few minutes of chit chat. Personally, I love them. We had a small railroad running through town when I was young and I loved to listen for the train. In the mid-morning I could hear it move slowly back and forth loading up corn, lumber and dog food at the station before it continued south. In the evening it did not stop but ran straight through to the north where it would start its run again the next day. The aircraft coming and going from Dulles give me a similar feeling of comfort. They remind me that the world, its people and its commerce are on the move, traveling for business for pleasure, maybe just up to New York or down to Charlotte or maybe to the other side of the world. On clear nights you can sometimes count a dozen lined up to land like so many extra stars in the sky.

I guess when you share an environment and experiences with someone, even the mundane can be a source of enjoyment. A week ago I was strolling along Hopewell Manor and a dozen turkey vultures were circling. We have some red tailed hawks around as well. Unless you pay attention to exactly how they glide, their color and feathering, and whether they are hunting live animals or looking for carrion, they can be mistaken for one another, but these guys were definitely turkey vultures. They were all on or near the ground and they were big! A gentleman I had not seen before was approaching from the other direction. He passed right through this somewhat startling Hitchcock-like gathering and as he drew near we smiled at one another. I asked what was happening with our feathered friends and he said he didn't know but he was a bit nervous about it whatever it was. I added that if they worked together they could probably have picked him right up and made off with him and he chuckled and admitted he had the same thought. This is not a story for the Washington Post but it was one of those happenings that neighbors share and go home and recount to their families.

And speaking of birds, I am happy to report that our home is now frequented by red finches, chickadees and a pair of mourning doves along with the ubiquitous house wrens. Of course the robins are back, although I don't see that many near us. The crows are always around and more and more I seem to notice my favorite, the beautiful red winged blackbird flitting about the open spaces. The geese seem less present now. Many of those that are migratory have moved north. Other permanent residents are still busy with recently hatched young. And we share other wildlife neighbors. I don't see as many deer about but I do see their tracks each day near the catch ponds. While writing this I also remembered that last fall we definitely had skunks in the area but my nose tells me that they have since moved on. I wonder if anyone has seen fox or a raccoon. Yesterday



LV II is the perfect place to enjoy a picnic and play frisbee!



The Buckingham Condominiums

when I went to my car, three of my neighbors were sitting on their front steps visiting while their dogs nuzzled and nipped and played. Yes, it is the people that make a development a community and I am excited to meet more of my Buckingham community neighbors. Maybe at the upcoming picnic or on my walks. And I am excited to watch our condo community continue to grow closer, even as it grows larger.

## **NEIGHBORHOOD WATCH**

#### By Navid Ahrarian, Resident

I just wanted to take a little time to recognize a member of the community who demonstrated an act of kindness and consideration on a busy Thursday morning. I typically run in the neighborhood and witness all kinds of drivers; those who have a lot going on, multitaskers, some who don't pay too much attention, and the few that do. During a morning run, as I was crossing an entry to a development, an automobile approached the intersection. I could see that the driver was busy with kids in the car and only looked to the left. I hollered a little, just to get attention. Not a big deal in the grand scheme of things since I was fully aware and stopped quickly to allow the car to pass. What happened ten minutes later was pretty amazing. This neighbor took the time to come find me on the road and apologize. I honestly didn't even know how to respond as I was shocked at how considerate and kind this person was being.

The point I'm trying to make is that we can all learn from this act, be considerate of one another, and promote better safety for ourselves and our community.

# Loudoun Fall By Kacie Ward

Communications & Office Coordinator



# Getaways

## Romantic Retreat in Middleburg

This itinerary is perfect for a sweet escape with your other half. Travel 30 minutes down US-50 and you will find yourself in the heart of Hunt Country. Middleburg's historic district is less than a mile long, but the gorgeous countryside views make for the perfect romantic retreat this autumn.

Reserve a table for two at Red Fox Inn & Tavern. Order a bottle of Virginia wine, and dine on delights such as peanut soup or Duroc pork chop served with white cheddar mac & cheese. After dinner take time to stroll hand-in-hand down the brick walkways of Main Street. You will discover antique shops, galleries, and specialty boutiques. Or even surprise your sweetheart with jewelry from Thomas Hays & Son.

Finally, check into your accommodation for the evening at Goodstone Inn & Restaurant. Set on 265 acres of rolling hills and country gardens, you will have your choice of charming guest rooms. Enjoy a drink by the roaring Carriage House fireplace, or relax in the on-site spa. Just half an hour away, this is your blissful, country escape.

> Red Fox Inn & Tavern 2 East Washington St

Thomas Hays & Son 19 South Madison St

Goodstone Inn & Restaurant 36205 Snake Hill Rd

MIDDLEBURG



## *Family Fun* in Purcellville

Embark on a delightful trip with the whole family in tow! A short drive down Route 7 lands you in Purcellville, where your first stop is *Harpers Ferry Adventure Center*. Your options are limitless with tubing, kayaking, ziplines, ropes course, off road Segway tours, and tons more. You'll fly through the tree tops along the Potomac River and experience wilderness first-hand. There are also multiple campsites and cabins available to book through *Harpers Ferry Adventure Center*.

After hours of activity, no doubt you will need to refuel. Make your way to *Market Burger* in Purcellville, for a juicy burger and sweet potato fries with maple mustard. Don't forget to order a scrumptious old-fashioned milkshake for dessert!

Before heading home, swing by *Crooked Run Orchard*, a family-run farm. Your kids will be able to stroll the grounds and pick their own fruit for purchase. In season, this fall, is an abundant variety of apples, plums, raspberries, Asian pears, pumpkins, herbs, and vegetables. After a hectic, adventure-filled trip, you can be certain that your children will be fast asleep the entire car ride home.



Harpers Ferry Adventure Center 37410 Adventure Center Ln

*Market Burger 145 West Main St* 

Crooked Run Orchard 37883 East Main St

## Girls' Day Out in Leesburg

Sometimes you just need a day away with your best gal pals. This itinerary combines relaxation and imagination, plus indulgence all around. Choose a date, invite the girls, and meet up in Leesburg for a fabulous day out on the town.

Start your outing at *Rouge Boutique Spa & Apothecary* in downtown Leesburg. Pick any treatment, including the Hot Stone Therapy Massage or Vitamin C Anti-Aging Facial. Be sure to browse the extensive collection of products for sale at *Rouge*. Treat yourself with lotions, make-up, perfume, or candles.

Now that you and your girlfriends have spent the morning being pampered, it's time to get creative. Make your way to *The Art Station* and join an open studio session. Choose an activity, whether it be painting, soap-making or candlemaking. Your group can also sign up for one of *The Art Station's* signature Sip & Paint classes.

Before heading home with your artistic masterpiece, grab dessert next door from *Cupcakes Actually*. Sample flavors such as chocolate salted caramel or vegan red velvet. An indulgent day out with your best friends wouldn't be complete without a little sweet treat!

# Leesburg

*Rouge Boutique Spa & Apothecary 17 South King St* 

*The Art Station 1601 Village Market Blvd Suite 112* 

*Cupcakes Actually 1607 Village Market Blvd Suite 108* 



## **The Ashburn Ice House** Is Always A Great Place To Skate

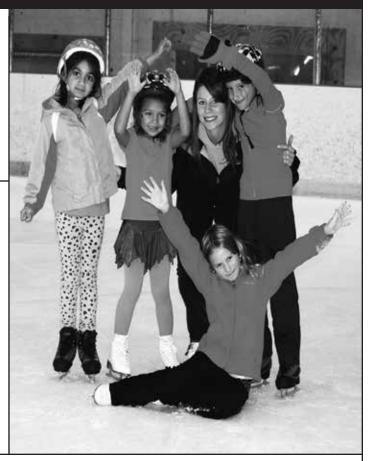
## Registration Open For Our Fall LEARN TO SKATE CLASSES

Week Day and Weekend Ice Skating Classes for ages 3 to adult

## Birthday Parties Are The Coolest At the Ashburn Ice House

Our Party Packages include: Private party room for 1 hour, 1 hour and 30 minutes of ice skating, skate rental for all party participants, 2 cheese pizzas, soft drinks, paper products. Parties are typically offered on Friday Nights, Saturdays, and Sundays. **Register on-line or call our front desk to** 

reserve your party today.



## Register on-line for all our programs at www.ashburnice.com Got Questions? Call 703-858-0300

## **Daily Public Skate Sessions\***

Public Skate Admission Rates:

Adults (13 and up): \$8.00 - Children (Under 13): \$8.00 Seniors: \$5.00 - Skate Rental: \$5.00 Group Skate (10 or more): \$8.00

Large Groups are always welcome at the Ashburn Ice House

\*For days and times of our Public Skating Sessions visit our web site or call 703-858-0300



The Ashburn Ice House Is Located At 21595 Smith Switch Rd., Ashburn VA, 20147 - 703-858-0300 for more information visit our web site at www.ashburnice.com

# **FITNESS CALENDAR**

SA THAT

MONDAY Children's Yoga 6:00pm-6:45pm Yoga 7:00pm-8:00pm

Etter ( Store)

TUESDAY Pilates 7:00pm-8:00pm

## WEDNESDAY

Story time Yoga 10:00am-10:45am Chair Yoga 11am-12am Zumba 7:45pm-8:45pm

## THURSDAY

No Fitness Classes

## FRIDAY

Yoga 12:00pm-1:00pm Functional Core 5:45pm-6:30pm

17

SATURDAY

Yoga 7:00am-8:00am



Classes subject to change. Please check the Events Calendar online at loudounvalleyhoa.net, for any updates or new offerings. Classes take place in the Clubhouse at 43100 Barnstead Dr. No registration is necessary. In addition to fitness classes, the gym is open daily from 5am–11pm.



## 





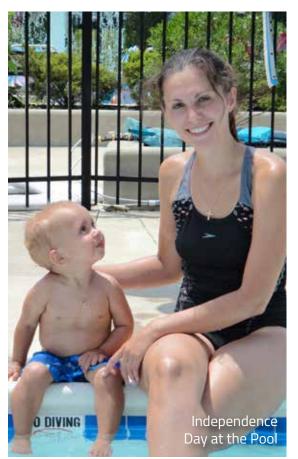


















# **LVII VIPERFISH**

#### By Shashi Goli Swim Team Board President

The Loudoun Valley II Viperfish is our community swim team, led by parent volunteers. We keep kids active throughout their summer break by enhancing their swimming skills and competing against other swim teams in the area. The team had an outstanding 2016 season- congratulations to all participants!

The Viperfish have been in existence since 2011. Earlier this year, due to lack of volunteers, there was very bleak chance of a swim team for 2016. I stepped up to be the Board President, and Board size tripled to 15 strong leaders. We hired three new coaches, Head Coach Bryan Durazo (USA Swimming Top 16 National Award holder), Asst. Coach Josh Herbstritt and Jr. Coach Jasmine Curran. The swim team grew to a record 120 swimmers! The new board was able to obtain four sponsors to help the swim team. We even set-up an independent organization for the first time and will soon be a non-profit 501(c)(3) organization.

Please check our website lvviperfish.com or email viperfishlv@gmail.com for information on joining swim team next season!

#### **BOARD MEMBERS**

Shashi Goli & Kalpana Goli (President), Srikala Sana & Sreedhar Sana (Vice-President), Ashni Goel & Rita Goel (Vice-President), Jesse Travis & Ashley Merce (Secretary), Raghu Kulkarni & Sarath Kolla (Treasurer), Srikala & Sejal Gandhi (Team Rep), Jeff Wilsey & Emily Wilsey (Meet Manager), and Eliza Lozano (Clerk of Course)







### PURPOSE

The "Yard of the Season" contest is intended to inspire residents of LV II to take pride in the appearance and upkeep of their yards and exterior of their homes. There will be one home awarded every quarter. The very first contest will take place this fall!

#### **INCENTIVES**

One lucky household will be awarded LV II "Yard of the Season," each quarter. The winner will be proudly featured in our community magazine, and will receive a \$100 gift card to a local gardening store.

## HELPFUL CHECKLIST

Lawn neatly
manicured
Lawn and flowerbeds
free of leaves/
walkways swept
Sidewalks and
driveways edged
Bushes and trees
trimmed
Appearance and
condition of flowers/
trees/grass
Home number
displayed
Yard cleared of
clutter
Overall appearance
and aesthetics

### RULES

The "Yard of the Month" can only be won once per household, each year. If you would like to enter your home for the Fall contest, please e-mail a photo, along with your name and address, to **k.ward@cardinalmanagementgroup.com**. Please see below for submission deadlines. Photos will be judged by the Architectural Committee, and then verified in-person. Winners agree to have a photo taken in front of their home to be published in the magazine.

**Fall "Yard of the Season"** Photo due October 20th, 2016

Winter "Yard of the Season" (holiday decor) Photo due December 20th, 2016 **Spring "Yard of the Season"** Photo due April 20th, 2017

Summer "Yard of the Season" Photo due July 20th, 2017

> Example of a Well-Manicured Lawn



HOA Office 43100 Barnstead Drive Ashburn, VA 20148

# 10 Community September Vard Sale

# Halloween 29 Spoktacular<sup>october</sup>

## 5 NOVEMBER Festival of Lights

SEE PAGE 5 FOR MORE EVENTS