



# LIVING

SUMMER 2017

2017 CELEBRATIONS | LOUDOUN SUMMER EXPERIENCES

# Your On-Site Team



**RIPPY GILL**

Site Manager

[r.gill@cardinalmanagementgroup.com](mailto:r.gill@cardinalmanagementgroup.com)

## A NOTE FROM THE SITE MANAGER

Greetings, dear LVII friends!

Wow, we have grown! Not only are we a larger community based upon occupancy and homes built, but the amenities too are keeping pace beautifully!

Now with about 1,700 homes built and sold (just a mere 1,000 or so more to complete), did you hear there are also two new clubhouses, a new gym, and two new pools?

There is so much to do here: fitness classes, dance classes, a chess club, a book club, and even a dining club! (Who doesn't love to eat?) Do join some of these fun groups. We know you'll have a great time.

The main offices will remain at the clubhouse on Barnstead Drive. Remember, we are open 9-5 weekdays so do stop in and pay us a visit. We would love to see you.

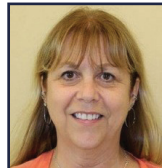
**Rippy Gill**



**DARLENE SPENCER**

Office Coordinator

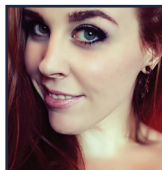
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**CESAR VERALA**

Janitorial

## Other Important Contacts



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Non-Emergency Police

703.777.1021

Toll Brothers Customer Service

703.858.3580

Loudoun Co. Animal Services

703.777.0406



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**Jonathan Sucher**

Sr. VP Cardinal Management Group

The Buckinghams & The Ridges

[j.sucher@cardinalmanagementgroup.com](mailto:j.sucher@cardinalmanagementgroup.com)



**Milton Castelle**

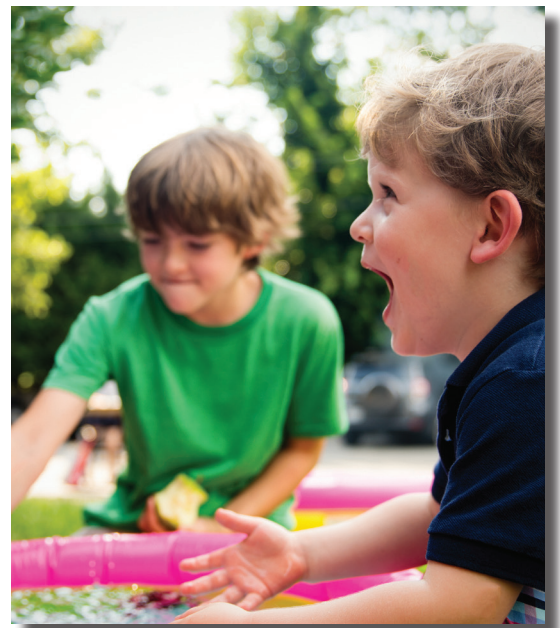
Community Policing Representative

[milton.castelle@loudoun.gov](mailto:milton.castelle@loudoun.gov)

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## Living

SUMMER 2017



Are You Ready for  
the End of Summer?

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# SPRING FEST

Approximately 600 Loudoun Valley II community members participated in Spring Fest 2017, including photo-taking with the Easter Bunny, an egg hunt, a petting zoo, and pony rides!





Allergy, Asthma, and Sinus of NOVA provides quality and compassionate care for adult and pediatric patients for their allergy and asthma conditions.

Dr. Mathuria treats all allergic conditions including: seasonal allergies, food allergies, asthma, hives, and eczema. Our office is conveniently located in the Gum Spring Library building, just minutes from the Loudoun Valley II community.

Book your appointment today with Dr. Mathuria:

**(703) 327-3300**

24600 Millstream Drive, Suite 360, Aldie, VA 20105  
[allergyofnova.com](http://allergyofnova.com)



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**August 2017/Volume 2/Issue 2**

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**Loudoun Valley II**  
43100 Barnstead Dr. • Ashburn, VA 20148  
(703) 723-4819 • [LoudounValleyHOA.net](http://LoudounValleyHOA.net)

# POND MAINTENANCE

There are always a lot of questions about the stormwater drainage system. The LVII pond maintenance contractor is sharing some information here for residents.

The main focus of Aquatic Environment Consultants, Inc. management program is to control noxious aquatic weeds and algae. The rooted aquatic weeds typically have one growth cycle per year which is different for each species of vegetation. There is also an optimal timeframe for which each species requires treatment. Common pondweeds are treated in the early summer, naiads are treated in the middle of the summer, and cattails are best treated in late summer. In some of the ponds, it is best to let cattails grow and not treat them. Cattails tie up the nutrients that make algae grow. In shallow ponds, it is better to have

cattails than to have a mud puddle that is filled with algae all the time.

Filamentous algae is a single-celled plant and grows whenever conditions are suitable. The species of filamentous algae will change throughout the season. Some species grow in the cold water of early spring while others grow rapidly in the heat of the summer. Algae growth is stimulated by phosphorus in the pond. The treatments that we are allowed to conduct will only kill the algae that is present at the time of the treatment. Since the algaecides quickly breakdown in the water, they will not control future growth. That is why we need to visit the ponds every two weeks during the growing season. You will see algae from time to time that grows between visits. This growth will be treated the next time we return.



# Loudoun Summer Experiences

More than 40 amazing wineries, vineyards, breweries, meaderies, cideries, and distilleries await your discovery in Loudoun County. This summer, take the family (even the dog!), friends, or your partner in life to tour the unique properties, sample award-winning products, and take in the slower pace of country living. For a comprehensive list, visit [www.visitloudoun.org](http://www.visitloudoun.org).

## WINERY



### 50 West Vineyards

39060 John Mosby Hwy  
Middleburg, VA 20117

571.367.4760

### North Gate Vineyard

16031 Hillsboro Rd.  
Purcellville, VA 20132

540.668.6248

### Stone Tower Winery

19925 Hayback Mtn.  
Leesburg, VA 20175

703.777.2797

## BREWERY



### Adroit Theory

404 Brouners Ct.  
Purcellville, VA 20132

703.722.3144

### Ocelot

23600 Overland Dr. #180  
Dulles, VA 20166

703.665.2146

### Old 690

15670 Ashbury Church Rd.  
Purcellville, VA 20132

540.668.7023

## CIDERY



### Corcoran Vineyards & Cidery

14635 Corby's Farm Le  
Waterford, VA 20197

540.882.9073

### Mt. Defiance Cidery & Distillery

207w Washington St.  
Middleburg, VA 20118

540.687.8100

### Wild Hare Hard Cider

33735 Snickersville  
Turnpike #104  
Bluemont, VA 20135



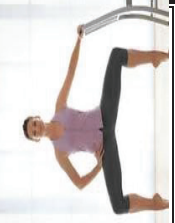







703.216.8630

**BARNSTEAD GYM**  
43100 BARNSTEAD  
DRIVE

# LOUDOUN VALLEY II

**FAIR RIDGE GYM**  
43032 FOXTRAIL  
WOODS TERRACE

## WEEKLY FITNESS CLASS SCHEDULE EFFECTIVE SEPTEMBER 1, 2017

	SUN	MON	TUES	WED	THURS	FRI	SAT
7AM							7:00AM-8:00AM YOGA
8AM							8:00AM-11:30AM BHARATNATYAM DANCE (fee)
9AM			9:30AM-10:30AM STORY TIME YOGA			9:00AM-10:00AM BARRE	9:30AM-10:30AM BOOTCAMP
10AM			10:30AM-11:30AM CHAIR YOGA			10:30AM-11:30AM TABATA BOOTCAMP	
11AM		11:00AM-11:45AM ZUMBA STRONG	11:00AM-11:45AM ZUMBA EXPRESS+ABS		11:00AM-11:45AM ZUMBA EXPRESS+ABS		
12PM			12:00PM-12:45PM BARRE			12:00PM-1:00PM YOGA	
1PM							
2PM							
3PM							
4PM					4:30PM-8:00PM KUCHIPUDI DANCE (fee)		
5PM							
6PM		6:10PM-6:50PM KID'S YOGA	6:30PM-7:30PM PILATES	6:00PM-7:00PM LEGO ROBOTICS (fee)			Classes subject to change. Control/Click the link below for the most current class information. <a href="http://www.loudounvalleyhoa.net/Calendar/36036~32629/Event-Calendar">http://www.loudounvalleyhoa.net/Calendar/36036~32629/Event-Calendar</a>
7PM		7:00PM-8:00PM YOGA		7:30PM-8:30PM ZUMBA	7:30PM-8:30PM ZUMBA		



LVII  
*Celebrations*  
2017



## Vignesh



It still baffles me that, in a couple of months, I'll be spending most of my time outside of Ashburn. Until then, I am in limbo – waiting for college decisions and trying to make it through the rest of the school year. It's only a matter of time before some of my closest friends travel across the States. Before I'll be working in a university lab instead of my high school lab. Until I walk off the soccer field for the last time. Until I leave my last high school dance. It's only a matter of time until Rock Ridge is part of my past – a beautiful past.

My last year at Rock Ridge has been great so far. Every morning drive to school has had a place in my heart. I start to cherish more and more the times I spend with my friends because I don't know where we all will be in a couple years.

After three years at Rock Ridge, I have made amazing connections with teachers. By now, my teachers are also my friends. I do not know where I would be without them. I'd be foolish to say senioritis hasn't hit me. Sure, it takes away some motivation, but I still can't forget that I must give it my all at a school that supports me this much. Without the stress of college applications and standardized tests, I can now appreciate the material in my classes more. I started to delve deeper into my mathematics class and I am glad to see that I see the world from a whole new perspective.

The soccer team at Rock Ridge is truly a memorable team. With the final season ahead, we hope to finish with some silverware. The debate team has made me a better researcher and public speaker. The honor societies have increased my service to the community. The genetic engineering team has paved the research path I soon hope to follow.

Senior year at Rock Ridge HS has been one of the greatest years of my life. It was an honor to be part of a class that played a major role in opening the school.

With graduation so close, I can't help but think of what college I will be attending. Mr. Saavedra, a great biology teacher at Rock Ridge, has helped pave the future for me. He got me interested and engaged in synthetic biology. I hope to major in biomedical engineering soon. I am still awaiting

letters from a couple more schools before I make my final decision. This spring, I interned at Cubic Aerospace, working on aerospace engineering and electrical engineering. The Capstone program at Rock Ridge helped me find that great internship at this start-up company in Reston. I hope to see the community I grew up in prosper even more. I hope I have made my mark at Rock Ridge and that others will build upon it.

**Go Class of 2017!**

*Congratulations to some of the first graduating seniors from our very own Rock Ridge High School. No doubt the entire LVII community is so proud to see what wonderful graduates we have and excited to bear witness to the wonderful dreams they have yet to fulfil. We all support these wonderful students and hope they know we will be supporting them no matter how far they may yet travel!*

*Regards,  
Rippy*

## Jessica Howard



Jessica Howard is proud to be a Senior at Rock Ridge High School. Through Rock Ridge she has gotten so many opportunities like being present for a Senate Briefing on dual enrollment and being interviewed for the evening news. This year, she was selected to intern with recording artist, Tracy Hamlin, and got the opportunity to travel to St. Lucia as an assistant Stage Manager. Additionally, she was the founder and president of Rock Ridge's Black Student Union. Jessica loves to sing and write songs and uses her music to promote equality and justice for all. After high school, she will attend New York University's Clive Davis Institute of Recorded Music where she will pursue a Bachelor of Fine Arts in Recorded Music.



## Marathon Boy



**Y**ug Kolla is 9 years old and a rising 5th grader at Rosa Lee Carter Elementary School in Ashburn, VA. Yug started running long distances in September 2015 when he was in the 3rd grade. Ever since then, he has been hooked! He participates in long-distance "adult" events, whether swimming, biking or running, and besting many middle school/high school students as well as a few adults.

During the past year, Yug has participated in many events, such as the Peasantman Sprint Triathlon twice, the Philadelphia Love To Run (a half marathon), the Loudoun Half Marathon, the Patriot's Sprint Triathlon, and the Culpeper Sprint Triathlon. However, Yug just finished his biggest race to date: he competed in his first USAT Olympic/International Triathlon recently (1500m swim, 40km bike, 10k run). He was the youngest triathlete — as usual. He received special permission after the officials reviewed his recent achievements. He won 1st place in the 14-and-under category.

Only 3 other kids in the world have completed this feat at so young an age. His parents, Sarath & Meghna Kolla, could not be prouder.

## Navid



**H**ow lucky are we to have such a philanthropic individual as Navid? An early volunteer for Neighborhood Watch, Navid is that wonderful person who cares about his neighbors.

He is never too reserved to wave to all who cross his path. Most recently, he took it upon himself to visit the local sheriff's department and treated them all to lunch! How generous and thoughtful!

## The Rosses

**M**r. and Mrs. Ross are celebrating their 50th anniversary! Mr. Ross is a member of the volunteer Architectural Review Committee, and Mrs. Ross is a social volunteer for Loudoun Valley II. Congratulations on 50 years!





# Thank You to Our First Responders

We were pleased to celebrate  
National First Responder  
Appreciation Day with some of  
Loudoun County's finest!



# LVII CLUBHOUSES

We are all so excited about the grand opening of not one, but two, spectacular new clubhouses!

LVII residents will have access with the appropriate key fobs (which can be acquired with a deposit at the main clubhouse offices located at 43100 Barnstead Drive).

## **Evergreen Club**

23443 Logans Ridge Terrace  
*across from Stone Middle School*

This clubhouse offers a wonderful, newly equipped fitness room and new treadmills, ellipticals, stationary bikes, and weight machines. How fabulous!

The gorgeously appointed Game Room offers a pool table and a lounge area by a very welcoming fireplace.

## **Fair Ridge Club**

43032 Foxtrail Woods Terrace  
*behind Stone Middle School and off Carters Meadow*

Here we find a wonderful open space—ideal for group classes.

Look for a wonderful lounge area to enjoy, and let's not forget that super new pool!



**Our sincere appreciation to Mazzei Construction Group and associated businesses for the completion of the new clubhouses.**

**Architect**  
Cline Design

**Site Plan**  
ESE Consultants, Inc.

**Pool**  
NvBlu Pools

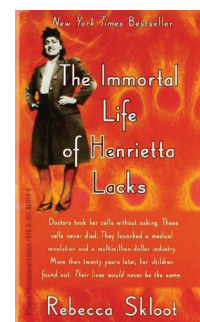
# LVII Clubs

## BOOK CLUB

The Loudoun Valley II Book Club has been in existence for 3 years. The club meets in the main clubhouse on the second Wednesday of each month at 7 pm. Membership is open to all adult residents, both male and female.

Each month, the group discusses one fiction or non-fiction book that the group chooses. Book titles are recommended by individual members and then voted upon by the entire book club.

You're encouraged to join — even if you haven't had a chance to finish the current book!



## DINING CLUB

**For the foodies out there**, who are also interested in making new LVII friends, join Dining In and/or Dining Out, two food-related activities for adults!

Dining In themed dinners are held in the homes of LVII residents quarterly. Everyone brings a dish or two to share with the group. Throughout the past year, Dining In members have hosted a festive St. Patrick's Day themed dinner, a Cinco De Mayo party, an elaborate Christmas Holiday meal, an Oscar Awards banquet, and an outdoor Summer BBQ.

On the other hand, Dining Out dinners are held in local restaurants. Dining Out has visited Passion Fish, Black Finn Ameripub, and Barcelona, among others. What a fun way to experience new eateries!

Dining In is hosted on select Saturdays, and Dining Out is hosted on select Fridays. If you're interested in being included on the email list for Dining In and/or Dining Out, please email **Garima Singh** at **garima15@gmail.com**. We look forward to feasting with you!

## NETWORKERS CLUB

The goal of the LVII Professional Networking Group is to create a think tank within the community targeting areas of HR, Finance, IT, Product Management, Marketing, Sales, and PR/Media in an effort to provide:

- Networking and referral opportunities
- Career management and career change counseling
- Opportunities to learn new skills and/or enhance an existing skill set

Several training workshops and presentations related to project management are conducted. Each month, a new topic of discussion unfolds! Members of this group are enthusiastic people who are willing to learn and help others learn. The group is still evolving. Please join us! Meetings take place the last Thursday of each month in the Clubhouse. For more information, please contact **Garima Singh** at **garima15@gmail.com**.



# Board Spotlight



**Felicia Lee**  
***Board President***

Felicia is married and has 3 kids involved in football, lacrosse, band and dance. Felicia has been involved in various capacities within the Toll Brothers, including sales, working at the Design Studio, and project management. She has also taken on various roles in HOAs over the years.

**Rajesh Kasaraneni**  
***Elected Board Member***

What an outstanding citizen we have in our first ever elected board member. Raj has thrown himself into HOA involvement and management with a passion and a level of compassion rarely seen. A sports-loving and well-known local figure, it has been an honor to work with him.



**Brian Robertson**  
***Board Member***

Brian has been a long-term fixture here at LVII. He has served on two HOA boards and has been a tremendous asset to the Architectural Review Committee. With more than a decade under his belt, Brian continues to remain engaged and involved with the growth and success of LVII. He is a huge hockey fan, too!



# SIERRA'S COVENANTS CORNER

## How Can I Help Maintain the Aesthetics of the Community?

Trash, parking, pet waste, item storage, and yard maintenance violations can detract from the overall aesthetics of the community. It is important for everyone to maintain and take pride in their homes by keeping areas neat and clean. The community is periodically toured for compliance. If you receive a violation notice, please take the time to correct the issue and let us know when the issue is rectified. This not only helps maintain the integrity and visual appearance of the community, but it is required by the rules of the HOA.

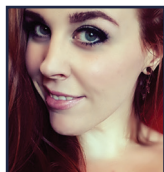
## Living in a Community Requires Involvement

Getting to know one another is a wonderful part of neighborhood living. Another critical aspect is supporting one another. If a neighbor is struggling with poor health or a difficult situation, it might be a good time to step up and offer to mow the lawn or take out the trash.

If, on the other hand, neglect is occurring over a long-time, give us a call and let us know so we can send a flyer or a violation notification.

## LVII Needs All of Us to Be Engaged

Being a good neighbor does not always mean reporting an issue. It can also mean you care enough to help out. Communities known for wonderful and friendly neighbors are considered to be highly successful. With your help and compassion, LVII will be a welcoming home for all!



**Sierra Sims**  
Covenants Liaison  
703.723.4819  
[s.sims@cardinalmanagementgroup.com](mailto:s.sims@cardinalmanagementgroup.com)



# The Ridges

LVII is growing with the addition of these charming condos, the newest members of our family. These homeowners will have their own Board and condo regulations, just as the Buckinghams do.

The Ridges community general manager is Jonathan Sucher.

Trash containers for those units with garages can be ordered from the website at [HOA.NOVA@republicservices.com](mailto:HOA.NOVA@republicservices.com).

Water bills will be sub metered by YES Management—now part of Yardi Energy.

Dominika Niemiec  
[dominika.niemiec@yardi.com](mailto:dominika.niemiec@yardi.com)  
[www.yesenergymgmt.com](http://www.yesenergymgmt.com)

# The Buckinghams

Congratulations to the Buckingham condominiums on the new clubhouse and pool right in the midst of their section. Sweet!

The Buckinghams are coming along well. With a final buildout of 29 buildings and 352 units, these stunning luxury homes look wonderful inside and out.

Recent changes include the merger of YES Management with Yardi Energy for the water billing.

Irrigation care and inspections were increased for this year. We are seeing the benefits now in the overall improved appearance of areas around these 4-story buildings.

The BBQ pavilion lighting seems to have been warmly welcomed. Look for another small pavilion just a couple of blocks away.

The Buckinghams: What a fun place to live!

# LVII SWIMMING

## Viperfish Swim Team

This is Viperfish's 6<sup>th</sup> year, and we are again participating in the Old Dominion Swim League (with 26 teams and more than 1,000 families). Our team is over 100 strong with a great group of young swimmers! We welcome all participants who meet our eligibility requirements and require parental involvement to make our team a success. We are a family-focused organization run by volunteers who care about the long-term growth of our team. Come join the fun!



*Well Done, Viperfish!*



*Thank You, Titan Pools!*

# Encouraging Daily Physical Activity for Your Child: An Important Step to a Healthy Future

It's no secret that young children are full of natural energy, and it's often more difficult getting them to sit still than be active. But did you know that the amount of time children spend daily being physically active is decreasing?

Despite children's active nature, it's still important for parents to encourage and support their physical development starting from birth. Research shows that children who develop basic motor skills through physical activity are more likely to become healthy, active adults, and there is increasing evidence that daily physical activity helps children perform better academically and avoid anxiety and depression in their teenage years.

"At Primrose Schools, we believe children's physical development is as important as their intellectual, creative and social-emotional growth," said Mike Hummer, Franchise Owner of Primrose School at Moorefield Station. "Through our exclusive Balanced Learning® approach, we're able to help children build important foundational physical skills as they're developmentally ready through a combination of purposeful free play and meaningful, age-appropriate activities."

As part of the *Balanced Learning* approach, children at Primrose School at Moorefield Station engage in physical activity each day through the Thumbs Up!® program. Through Thumbs Up!, children practice proper techniques for movement, balance and motor skills through fun exercises like running, hopping, throwing, catching, bouncing and more.

Thumbs Up! balances structured, teacher-guided games and skill development with free play, which helps children develop physically and psychologically. Studies show that children exert themselves more during free play and learn essential life skills like decision-making, problem-solving, creativity and self-control as they exercise their curiosity and explore their environment. Even infants develop physical coordination and build early motor skills through group play, games and exercise.

Thumbs Up! activities are brought to life by the Primrose School at Moorefield Station teaching staff, who participate in all activities and encourage children throughout the lessons. The Primrose approach to physical development also follows the highest professional standards and guidelines for developmentally appropriate practice developed by the National Association for Sport and Physical Education (NASPE) and the Council for Physical Education for Children (COPEC).

"Study after study shows us that developing healthy habits in young children leads to active, healthy adults," said Mike Hummer. "By building the right foundation, all children can develop the fundamental physical skills needed for lifelong health. We love partnering with parents and working together to create excitement for physical activity in young children, because we know we are planting the seeds for a brighter future."

**High-Quality  
Preschool  
Experiences  
Lead to Future  
Success in School  
and Life**



**Balanced  
Learning®**



To learn about **Primrose School at Moorefield Station**, visit **PrimroseMoorefieldStation.com** or call **703.726.9306**. For more helpful parenting tips and information, visit the Pointers for Parents blog at **PrimroseSchools.com/blog** and sign up for the Pointers for Parents newsletter.



HOA Office  
43100 Barnstead Drive  
Ashburn, VA 20148



# SAVE THE DATE



## AUGUST

Aug 21 - Kindergarten Kick-off\*

Fair Ridge Clubhouse (43032 Foxtrail Woods Terrace)

10:00am - 12:00 noon

Aug 25 - Back to School Pool Party

Main Pool (43100 Barnstead Dr.)

6:00pm - 8:00pm

Aug 28 - Strong by Zumba\*

Main Clubhouse Fitness Room (43100 Barnstead Dr.)

11:00am - 12:00 noon

## September

Sept 8 - Pooch Plunge

Main Pool (43100 Barnstead Dr.)

5pm - 5:45pm or 6:00pm - 6:45pm

Sept 15 - Family Movie Night\*

Main Clubhouse (43100 Barnstead Dr.)

7:30pm - 9:00pm

Please check the full Events Calendar online at  
**LoudounValleyHOA.net**  
for schedules.

\*You can pre-register for all these events at  
[j.lehman@cardinalmanagementgroup.com](mailto:j.lehman@cardinalmanagementgroup.com)

